

Christian Challenge of Wichita Study Guide  
Ephesians 5:1-21  
4/2/26

*Read Ephesians 5:1-21*

### ***The Direction of the Walk***

- Where do you see “autopilot” showing up in your life right now?

### ***Walking in Love***

Paul says in verse 2: “**..and walk in love, as Christ also love us and gave himself for us, a sacrificial and fragrant offering to God.**”

- What are some practical ways sacrificial love shows up in your life?
- Why is sacrifice essential to biblical love?

Paul writes in verse 3: “**But sexual immorality and impurity or greed....and obscene and foolish talking or crude joking are not suitable...**”

- Why are sins like sexual immorality, impurity, greed, and careless speech so dangerous?
- How can we guard against the “slow fade” into sin?

### ***Walking in Light***

Paul says in verse 8-9: “**Walk as children of light – for the fruit of the light consists of all goodness, righteousness, and truth...**”

- Which stands out most to you right now: goodness, righteousness, or truth? Why?
- Why is it often easier to ignore darkness rather than expose it?
- What are some ways we can bring light into dark areas of our lives?

### ***Walking in Wisdom***

Paul writes in verses 16 and 18: “**..making most of the time, because the days are evil...And don’t get drunk on wine...but be filled by the spirit.**”

- What does it mean to “redeem the time” in your life right now?
- What would it look like to be more Spirit-filled daily?

### ***Application***

- Walk in Love: Where is God calling you to sacrifice this week?

- Walk in Light: Who are you walking with? What step can you take toward deeper community?
- Walk in Wisdom: What is one way you can better use your time this week?