

Christian Challenge of Wichita Study Guide

Ephesians 3:14–21

3/5/26

Read Ephesians 3:14–21

Summary -

Paul transitions from explaining the mystery of the Gospel and the creation of a new united people in Christ to praying for believers. His prayer reveals what he believes about God. Paul believes that God is a powerful and generous Father who is able to answer bold prayers. Because of this, Paul asks for extraordinary things: that believers would be strengthened by the Spirit, that they would be rooted and grounded in love, that they would know the vast love of Christ, and that they would be filled with the fullness of God.

This prayer shows us that **our prayers reveal what we believe about God**. If we truly believe God is powerful, generous, and at work within us, then we will pray boldly and in line with His purposes. Paul's prayer is not just about individuals but about the Church—a people rooted in love who reflect Christ to the world.

Discussion Questions

1. What stands out to you most about Paul's prayer in this passage?

Why do you think Paul chooses to pray for these specific things rather than for external circumstances?

2. In verses 16–17, Paul prays that believers would be strengthened in their “inner being” and that Christ would dwell in their hearts through faith.

What do you think it means for Christ to truly be “at home” in someone's heart?

3. Paul says believers should be “rooted and grounded in love” (v.17).

Why do you think love is so foundational to the life of the Church?

4. In verses 18–19, Paul describes the love of Christ as having breadth, length, height, and depth.

What do you think Paul is trying to communicate about Christ's love? Why is this important for us to dwell on?

5. Verses 20–21 say that God is able to do “far more abundantly than all we ask or think.”

How should this truth shape the way we pray?

Application Questions

1. Our prayer life often reveals what we truly believe about God.

What do your prayers tend to focus on? What might that reveal about how you view God? ***Be honest!***

2. Which of Paul’s prayer requests do you most need in your life right now? And why?

- Strength in your inner being
- Being rooted and grounded in love
- A deeper understanding of Christ’s love
- Growth toward the fullness of God

3. Paul’s prayer is not just for individuals but for a community rooted in love.

What are practical ways our group can grow in loving one another this semester? What are practical ways that you can honor and love those outside your group?

Take this opportunity to discuss what it means to honor the opposite sex in a Christ-centered manner.

4. Take a moment as a group to pray bold prayers for one another in the categories Paul models here.

- Pray for spiritual strength
- Pray for Christ to rule more fully in hearts
- Pray for deeper understanding of Christ’s love
- Pray for growth in holiness and love for others